<table>
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| 1. Engagement               | - Provide options for recruiting interest by optimizing individual choice, increasing relevance and authenticity while minimizing threats or distractions.  
                             | - Provide options for sustaining effort by fostering collaboration, supporting community development, varying demands and resources, and making goals prominent.  
                             | - Provide options for self regulation by facilitating personal coping skills, self-assessment, and reflection.                                                                                               |              |
| 2. Representation           | - Provide options for perception (e.g. by offering alternatives for auditory and visual information).  
                             | - Provide options for language & symbols (e.g. by clarifying vocab, promoting understanding across language, and illustrating through multiple media).  
                             | - Provide options for comprehension (e.g. by activating background knowledge and guiding information processing and visualization).                                                                        |              |
| 3. Action & Expression      | - Provide options for physical action (e.g. by varying the methods for response and navigation).  
                             | - Provide options for expression & communication (e.g. by using multiple tools for construction and composition and scaffolded support).  
                             | - Provide options for executive functions (e.g. by guiding appropriate goal-setting).                                                                                                                                 |              |

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