Swiss Cheese Model

The Swiss Cheese COVID-19 Virus Pandemic Defense Model
Recognizing that no single method is perfect for stopping the spread of the COVID-19 Virus.

Important Personal Actions

- Stay 6 feet away from others
- Wear masks
- Wash hands and cough in elbow
- Avoid touching your face
- Avoid crowded areas and limit your time there
- Engage in fast and sensitive contact tracking and testing
- Only gather in outdoor spaces or spaces that have filtered air
- Government provides communications and financial support
- Quarantine guidelines
- Vaccinate a large percentage of the community

Important Community Actions

Each method (cheese layer) is not perfect (holes in the cheese).
Using more layers improves success.

Adapted from Ian M. Mackay
Virologydownunder.com